Directions to
AGC NYS Safety Training Center
1115 East Main Street, Rochester, NY

From Buffalo and areas West of Rochester: Take the NYS Thruway I-90 to Exit 47/I-490/RT-19/Leroy/Rochester onto I-490 East, Take Exit 20A and stay on I-490 East. Take Exit 13/Downtown/Inner Loop/Plymouth Avenue to the left. Take the ramp onto the Inner Loop and take the E Main Street/University Ave exit to the left, turn left onto East Main Street and the address is on the right after .7 miles.

From Syracuse and areas East of Rochester: Take I-90 West to exit 45 and pick up 490 West. Take Exit #20 University Ave/Winton Road onto University Avenue, follow for 1.2 miles, Take a right onto Culver Road (CE-120) and follow for .6 miles. Take a left onto East Main Street and the address is on the left after .8 miles.

From Binghamton and areas South of Rochester: Take I-690 West to Exit 1 onto I-90 Thruway. Take Exit 45/I-490 Rochester onto I-490 West, Take Exit 20/University Ave/Wilton Road onto University Avenue, follow for 1.2 miles, Take a right onto Culver Road (CE-120) and follow for .6 miles. Take a left onto East Main Street and the address is on the left after .8 miles.