



Eastern Contractors  
Association, Inc.



Northeastern Subcontractors  
Association



The Associated General Contractors  
of New York State

## **SUPERVISORY TRAINING PROGRAM**

### **STP UNIT #1**

### **"LEADERSHIP & MOTIVATION"**

**DATE:** Thursdays, January 15, 22, 29; February 5, 12, 19 and 26, 2026

**TIME:** 6:00 - 8:30 p.m.

**PLACE:** Building Industry Center, 6 Airline Drive, Albany, NY

**COST:** \$150 per person for C.I.A.P. contributing employers  
\$225 per person for Members of ECA, AGC of NYS, or NESCA (non-CIAP contributing employers)  
\$275 per person for Non-Members (non-CIAP contributing employers)

**\* PAYABLE TO EASTERN CONTRACTORS ASSOCIATION, INC. \***  
***PAYMENT MUST BE RECEIVED PRIOR TO ATTENDING THE FIRST CLASS***

---

Over the years, ECA has developed one of the most successful Supervisory Training Programs (STP) in the country...over two hundred Superintendent Courses since the inception of the program some 30-plus years ago, training over 3,500 local supervisors, tradespeople, and office personnel.

**Unit #1: Leadership and Motivation** is designed to enhance professional growth, whether you're an experienced construction supervisor or an aspiring leader. It focuses on the importance of effective leadership and will sharpen your skills in motivating and guiding others.

Takeaways of Unit #1 include:

- The Value of Project Leadership
- Leading in Construction
- Team Development
- Motivating Your Team
- Expectations and Accountability
- Improve Your Team

❖ Leadership and Motivation is for Superintendents and foremen, people who aspire to become superintendents and foremen; people who work with superintendents and foremen; supervisors who work for subcontractors; field secretaries; owners, architects, and engineers; anyone who communicates with the job site.

If you have any employees who may be interested or if you would like additional information on the STP, please call or e-mail Laura Regan at ECA (518-869-0961 or [laurar@ecainc.org](mailto:laurar@ecainc.org)).

The Program has been developed by the Associated General Contractors of America. More than 200,000 individuals have participated in STP courses nationally. It was developed by contractors for contractors. Give it a look if you haven't already done so!

---

# **REGISTRATION FORM**

## **STP UNIT #1** **"LEADERSHIP & MOTIVATION"**

Thursdays, 6:00 – 8:30 p.m.

January 15, 22, 29; February 5, 12, 19, & 26, 2026

Building Industry Center, 6 Airline Drive, Albany, NY 12205

**REGISTER ONLINE AT [WWW.ECAINC.ORG](http://WWW.ECAINC.ORG) or COMPLETE AND RETURN THIS FORM**

Check ✓  
one box


\$150 per person - C.I.A.P. contributing Employers / Union Tradespeople

\$225 per person - Members of ECA, AGC of NYS, or NESCA  
(non-CIAP contributing employers)

\$275 per person - Non-members (non-CIAP contributing employers)

***PAYMENT MUST BE RECEIVED PRIOR TO ATTENDING THE FIRST CLASS***

**(REGISTRATION FORM SHOULD BE DUPLICATED FOR EACH INDIVIDUAL ATTENDEE)**

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

(City)

(State)

(Zip Code)

Home/Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

EMPLOYER Name: \_\_\_\_\_

Business Address: \_\_\_\_\_

(City)

(State)

(Zip Code)

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Membership Affiliation (please circle all that apply)

**ECA**

**AGC of NYS**

**NESCA**

**NON-MEMBER**

**UNION**

*If you are a member of a Union, please list it here: \_\_\_\_\_*

**Enclose check payable to ECA and Mail to:**

Eastern Contractors Association, Inc.

6 Airline Drive, Albany, New York 12205

Fax No. 518-869-2378

Or, register online at [www.ecainc.org](http://www.ecainc.org)

**PAYMENT MUST BE RECEIVED PRIOR TO  
ATTENDING THE FIRST CLASS**

**NO REFUNDS FOR CANCELLATIONS MADE AFTER  
12:00 NOON, JANUARY 12, 2026**